

## Local Prevention Council Meeting Minutes

February 22, 2024, 5:30-7:00 PM

In-person and Teams

Youth Services Group Room (Basement), Community Cultural Center, 50 Chapman Place

- Introductions (Astrid Calderon and Julia Maurer)
  - Meeting started at 5:40 PM
  - Attendees: Astrid Calderon (Supervisor of East Hartford Youth & Social Services), Julia Maurer (East Hartford Health Department, Health Educator), Linda Chamberlain (civic/volunteer), Lisset Lolandes (youth serving organization), Rachel Hernandez (parent), Amet Tsegai (town council), Jaequeline Acosta (grandparent), Tonya Bluat (aunt), Samantha Forbes (Amplify)
  - No one attended virtually
  - Spanish translation was not required
- What is the Local Prevention Council? (Astrid Calderon and Julia Maurer)
- Amplify (Astrid Calderon and Julia Maurer)
  - Samantha Forbes is a Program Coordinator at Amplify and was able to add information about Amplify
- Characteristics of Effective Coalitions (Astrid Calderon and Julia Maurer)
- Local Prevention Council Structure (Astrid Calderon and Julia Maurer)
  - Discussed need to eventually assign roles and use Robert's Rules of Order for fair and efficient meetings
  - Astrid and Julia are not voting members, but rather facilitators of the Local Prevention Council
- Robert's Rules of Order (Astrid Calderon and Julia Maurer)
  - Provided basic training
- Current Grant Period Activities
  - Pending contract with professional for PSA video and banner workshop with youth
  - Project Graduation support
  - Sunset Ridge Ambassadors that are looking to do a project on vaping prevention
  - Concern for lack of resources beyond counseling in East Hartford for youth experiencing substance misuse
    - Sisterhood's Thrive Program was discussed as a resource in the form of a youth development program that is all encompassing and touches on substance misuse specifically- starting March 5<sup>th</sup>

- Schedule of Meetings for the Year
- Questions/Open Forum
  - Ideas about how to advertise for the LPC: digital kiosk in front of Alumni park on Main Street, flyers around Town and in different Town departments, continue social media, homepage of the Town website, libraries, ParentSquare, word of mouth
  - Change time to 6-7:30 PM – works better for many people coming from work
  - Continue to offer virtual option and Spanish translation
  - Will need to find a different location for the next meeting due to the Thrive program starting March 5--- likely a conference room
- Adjourn (7:15 PM)

Next Meeting: March 28, 2024, 6:00-7:30 PM  
Community Cultural Center and remote options:

## Microsoft Teams meeting

**Join on your computer, mobile app or room device**

[Click here to join the meeting](#)

Meeting ID: 233 128 347 749

Passcode: AtU5og

[Download Teams](#) | [Join on the web](#)

**Or call in (audio only)**

[+1 929-235-8441,,127831732#](#) United States, New York City

Phone Conference ID: 127 831 732#

Email Julia Maurer ([jmaurer@easthartfordct.gov](mailto:jmaurer@easthartfordct.gov)) for questions and if you plan to attend remotely.