

EAST HARTFORD

LOCAL PREVENTION COUNCIL/ YOUTH ADVISORY BOARD

JANUARY 25, 2024



INTRODUCTIONS

Meet the Facilitators:

Astrid Calderon

**Youth & Social Service Supervisor
East Hartford Health & Human Services**

Julia Maurer

**Health Educator
East Hartford Health & Human Services**

And yourself?

MEETING AGENDA

- 01 **What is the Local Prevention Council (LPC)?**
- 02 **Amplify**
- 03 **Characteristics of Effective Coalitions/
LPC Structure**
- 04 **Mission, Vision, Values**

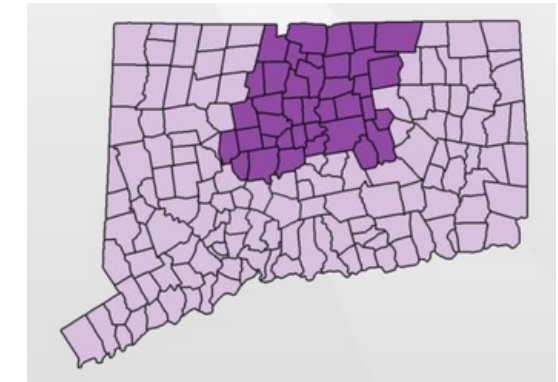


WHAT IS THE EAST HARTFORD LOCAL PREVENTION COUNCIL (LPC)?

A coalition made up of a diverse group of committed volunteers who come together to raise awareness and identify solutions to address the impact of substance misuse in youth.

- Requires representation from a variety of groups within the East Hartford community: health care, substance misuse organizations, businesses, schools (private/public), local government, youth serving organizations, civic/volunteer groups, media, faith/religious groups, parents, youth, law enforcement, and people with lived experiences.
- Focuses on prevention and early intervention of substance misuse using activities such as advertising/media, educational workshops, and grassroots advocacy.
- Aligns with the purpose of a Youth Advisory Board (YAB), so LPC = YAB.
 - Restricts membership to only East Hartford residents.

It takes ALL OF US to keep East Hartford youth healthy and substance-free!



- Amplify is a non-profit organization that services North Central CT and focuses on behavioral health needs in the region.
 - Mission: To strengthen the ability of our region to assess needs, develop plans, and advocate for strategies and resources to advance healthy communities.
 - Behavioral health needs include mental health, substance misuse, problem gambling, and more.
- Amplify provides grant money towards youth substance misuse prevention activities to towns and districts in the region and requires the formation/existence of an LPC to plan and implement these programs.
 - CT Department of Mental Health and Addiction Services provides the funding to Amplify
 - Amplify awards East Hartford ~\$7,141/year based on population size
 - Amplify provides some requirements on how to use the money: current focus on vaping
 - Amplify offers guidance, resources and encouragement for LPCs

CHARACTERISTICS OF EFFECTIVE COALITIONS

- **Empowering leadership**
- **Shared decision making**
- **Collaboration**
- **Dedicated members**
- **Diversified funding***
- **Effective communication**
- **Clear roles and accountability**
- **Flexible structure**
- **Priority work plans**

STRUCTURE

- **Attendance matters**
- **Roles**
- **Determine how to make decisions as a group (voting procedures and regulations)**
- **Eventually, the LPC may evolve to have more input and funding beyond this specific grant from Amplify**

MISSION, VISION, VALUES

Mission

A concise statement that sets forward what an organization does, how it does it, and, sometimes, why.

This is a present oriented statement.

Disney: “to entertain, inform, and inspire people around the globe through the power of unparalleled storytelling, reflecting the iconic brands, creative minds and innovative technologies that make ours the world’s premier entertainment company.”

Vision

A short statement that describes the future-facing goals and ambitions of your company.

Describes what end goal you are building towards.

Disney: “to be one of the world’s leading producers and providers of entertainment and information.”

Values

A list of the core principles that guide and direct the organization and its culture. Values can guide decision-making and be a moral compass.

Disney: Innovation, quality, community, storytelling, optimism

MISSION, VISION, VALUES

Let's brainstorm...

Mission

Vision

Values

MEETINGS

5:30 to 7:00 PM on the following dates:

- **January 25, 2024**
- **February 22, 2024**
- **March 28, 2024**
- **April 25, 2024**
- **May 23, 2024**
- **August 22, 2024**
- **September 26, 2024**
- **October 24, 2024**
- **November 21, 2024**
- **December 19, 2024**

AGENDA **FOR NEXT MEETING**

To be determined, but likely:

- **Review of the Amplify grant**
- **Review of current grant year's planned activities and brainstorm additional ideas (7/23–6/24)**
- **Brainstorm ideas for next grant period activities (7/24–6/24)**

QUESTIONS AND CONCERNS?

FACILITATOR CONTACT

Astrid Calderon

**Youth & Social Service Supervisor
East Hartford Health & Human Services
acalderon@easthartfordct.gov**

Julia Maurer

**Health Educator
East Hartford Health & Human Services
jmaurer@easthartfordct.gov**