



Commission
On
Aging



EVENTS

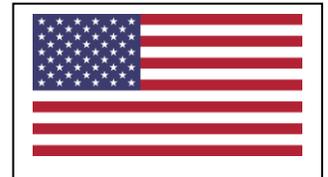
MAY
BREAKFAST WITH
THE MAYOR
- SPRINGTIME -

Join us for a fun filled event where the Commission provides a free full buffet style breakfast complete with fluffy scrambled eggs, bacon, sausage, hash browns, fresh cut fruit, assorted pastries, gourmet coffee, tea, and assorted juices. After breakfast, the Commission provides a summary of current and upcoming events for seniors. Immediately after that, the Mayor provides a status on current and future events as well as answering questions and addressing concerns from the seniors.



MAY
MEMORIAL DAY
PARADE

We join the town in celebrating a memorial parade for our veterans who have served and are currently serving. We honor the sacrifices each of them and their families have made to make this a great country. Come visit our booth and ask about how we support and advocate for our seniors and get a free events flyer.



JUNE 2023
TOWNWIDE SURVEY
FOR SENIORS BEGAN

The Commission on Aging conducted a survey in English and Spanish for all East Hartford seniors who were 55 years old and older. We asked your opinion on Housing, Transportation, Healthcare, and services provided to you by both government and private agencies. The survey was conducted from June through November with over 500 seniors responding. After the analysis is complete and recommendations are made and accepted, the results will be published on the town's website.



JUNE
JUNETEENTH AT THE
TOWN GREEN

The **Emancipation Proclamation**, was issued by President [Abraham Lincoln](#) on January 1, 1863, during the [American Civil War](#) freeing all slaves. Join us for a celebration that began on June 19, 1865, proclaiming freedom for slaves once Union General Gordon Granger and his forces finally reached Galveston, Texas. Let us all share in the celebration of our fellow Americans.



PLEASE SEE THE ADDITONAL PAGE FOR MORE EVENTS



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EVENTS

JUNE & JULY

GREAT RIVER PARK

MUSIC EVENTS

Join us as we meet with our fellow seniors for these wonderful events put on by the East Hartford Parks and Recreation Department with music and dancing. Please check their website for the exact dates and times. We have a booth to distribute our annual events flyer and are happy to meet and greet with our seniors and answer any questions or concerns they may have.



JULY

LATIN FESTIVAL

Join us for East Hartford's Latin Festival held at the Town Green. There will be plenty of music, food, and fun. We will hand out our annual events flyer as well as meet and greet with fellow seniors and answer any questions or concerns they may have.



SEPTEMBER

SENIOR PICNIC

Join us for our 37th annual senior picnic. Ticket sales begin in August for the low price of \$10 each for residents. Festivities start at noon and end at 3:00 pm. Live entertainment, plenty of great food served buffet style, hot and cold refreshments, and loads of prizes are awarded by randomly drawn ticket stubs.



OCTOBER

BREAKFAST WITH
THE MAYOR

- AUTUMN -

Join us for a fun filled event where the Commission provides a free full buffet style breakfast complete with fluffy scrambled eggs, bacon, sausage, hash browns, fresh cut fruit, assorted pastries, gourmet coffee, tea, and assorted juices. After breakfast, the Commission provides a summary of current and upcoming events for seniors. Immediately after that, the Mayor provides a status on current and future events as well as answering questions and addressing concerns from the seniors.



DECEMBER

"CHRISTMAS TREE
WISH LIST" PROGRAM
WITH RIVERSIDE
HEALTH CARE

We join the team at Riverside Health Care and invite residents to wish for 3 small personal items they would like to receive for Christmas. The information is posted on the town's website and the Commission on Aging's website, inviting citizens to sponsor a recipient. The Commission wraps all the gifts, and Santa and his elves personally present them to each resident. Food and Christmas music enhance this very special event for our fellow seniors.



Please check out website at: <https://www.easthartfordct.gov/commission-on-aging> for updates